

# BAKELS INSTANT ACTIVE DRIED YEAST

## OVERVIEW

Instant yeast with considerably higher fermentation activity than traditional yeasts.

It is an instant active dry baker's yeast suitable for high sugar dough. Its fermentation power is identical to that of fresh yeast, yet it weighs 3 to 4 times less. In addition to its high fermentation power, it features all the advantages of dehydrated product: long shelf life, easy storage, stability and reliability.

## INGREDIENTS

Natural yeast, Rehydrating Agent (Sorbitan Monostearate): E491

## PACKAGING

Code	Size	Type	Palletisation
8111	20 x 0.5 KG	Vacuum Packed Packages	Product Specification It is vacuum-packed in 500g packages, 20 per case, resulting in a solid, hard block. Once opened, it becomes a free-flowing granular powder. Important: Package must be hard prior to opening. If package is soft, do not use

## NUTRITIONAL INFORMATION

Type	Value
Energy (kJ)	1,659.00
Energy (Kcal)	397.00
Protein (g)	48.00
Fat (g)	6.00
Fat (of which saturates)(g)	1.00
Carbohydrate (g)	37.00
Carbohydrate (of which sugars)(g)	0.00
Sodium (mg)	170.00
Dietary Fibre (g)	0.00
Moisture (g)	4.00
Cholesterol (mg)	0.00
Ash (g)	5.00

## METHOD

### Group 1

Ingredient	KG
Flour	2.000
BAKELS INSTANT ACTIVE DRIED YEAST	0.030
LECINTA BAGUETTE IMPROVER	0.010
Water	1.160
<b>Total Weight:</b>	<b>3.200</b>

### Group 2

Ingredient	KG
Salt	0.040
<b>Total Weight:</b>	<b>0.040</b>

## DESCRIPTION

1. No time dough, spiral mixer. 2. Dough temperature required is 29°C. 3. Mix Group 1 for 10 minutes. 4. Add in Group 2 and mix for further 2 minutes until dough is fully developed. 5. Allow recovering or resting for 5 minutes. 6. Scale 250 g dough weight and rounding, rest further for 5-10 minutes and mould to desired shape. 7. Dry prove at 25°C and bake with plenty of steam.



### STORAGE

Close package and store in an airtight container, Room temperature conditions  
23°C/ 75°F



### SHELF LIFE

730 days



### TYPE

Vacuum Packed Packages



### CATEGORY

Other Products, Yeast



### BRANDS

Bakels