



FINO RYE BASE

OVERVIEW

For the production of rye flavoured bread and rolls

USAGE

Replaces 20 – 40% of flour in standard bread recipes

INGREDIENTS

Ryemeal (47%), Wholemeal Flour, Malt Flour, Gluten Flour, Acidity Regulator (E330), Emulsifier (E472(e)), Free Flow Agent (E170), Salt

PACKAGING

Code	Size	Туре	Palletisation
3821	15 KG	Bag	



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NUTRITIONAL INFORMATION

Туре	Value
Energy (kJ)	1,473.50
Energy (Kcal)	352.50
Protein (g)	11.40
Fat (g)	1.70
Fat (of which saturates)(g)	0.30
Carbohydrate (g)	74.60
Carbohydrate (of which sugars)(g)	3.50
Dietary Fibre (g)	12.70
Sodium (mg)	65.30

METHOD

Group 1	
Ingredient	KG
Bread Flour	1.600
Chilled Water	1.050
FINO RYE BASE	0.400
Brown Sugar	0.080
BUTTA BUTTEROILS SUBSTITUTE	0.080
LECITEM PUMPABLE-S	0.040
Salt	0.022
Yeast	0.020
	Total Weight: 3.292

DESCRIPTION

1. No time dough, place all ingredients in the machine bowl and develop thoroughly. 2. Dough temperature $29-31^{\circ}$ C, allow dough to recover 5 minutes. 3. Scale and mould as desired. 4. Proof and bake at 210° C.

