

# **LECITEM UNIVERSAL**

## **OVERVIEW**

All purpose softener, flour improver especially designed for non-bromated and bromated flour, to suit the no time dough baking process

#### **USAGE**

1-2% on total flour weight

#### **INGREDIENTS**

Starch, Soy Flour, Flour Improver (E300), Enzyme

#### **PACKAGING**

| Code | Size  | Туре | Palletisation |
|------|-------|------|---------------|
| 1913 | 10 KG | Bag  |               |

## **NUTRITIONAL INFORMATION**

| Туре                              | Value    |
|-----------------------------------|----------|
| Energy (kJ)                       | 1,440.00 |
| Energy (Kcal)                     | 345.00   |
| Protein (g)                       | 18.60    |
| Fat (g)                           | 8.00     |
| Fat (of which saturates)(g)       | 1.20     |
| Carbohydrate (g)                  | 68.90    |
| Carbohydrate (of which sugars)(g) | 0.00     |
| Sodium (mg)                       | 6.00     |

#### **METHOD**

| Group 1                           |                     |
|-----------------------------------|---------------------|
| Ingredient                        | KG                  |
| Bread Flour                       | 1.000               |
| Water                             | 0.590               |
| Salt                              | 0.016               |
| LECITEM UNIVERSAL                 | 0.008               |
| BAKELS INSTANT ACTIVE DRIED YEAST | 0.008               |
|                                   | Total Weight: 1.622 |
| Group 2                           |                     |
|                                   | 140                 |

Ingredient KG
Olive oil 0.050

Total Weight: 0.050



# bakels-lang.spinmeaweb.co.uk

#### **DESCRIPTION**

- 1. Place all ingredients in Group 2 in a mixing bowl. Mix for 2 minutes. 2. Then add in Group 2. 3. Develop dough as usual.
- 4. Ferment dough for 30 minutes. 5. Divide into 150 g each, rounded and rest for 15 minutes. 6. Mould oblong and place onto a baguette tray. 7. Give 3/4 proof (approximate 70 minutes). 8. Bake at 250°C then reduce to 210°C for 12 minutes. Notes: Best served warm, filled with mayonnaise, fresh lettuce, chopped cooked ham, sliced tomatoes and green bell pepper.



Cool and dry conditions 18  $\pm$  2°C



**SHELF LIFE** 

365 days



TYPF

Bag



ALLERGENS

Wheat, Wheat Products, Soy, Soy Products, Sulphites



Bread Improvers, Breads, Rolls & Pastry