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SANDWICH BREAD

CATEGORY

Breads, Rolls & Pastry

INGREDIENTS

Group 1

Ingredient	KG
Bread Flour	2.000
Water	1.170
Sugar	0.080
Salt	0.036
Yeast (instant)	0.020
MONOFRESH SUPER	0.020
LECINTA 200 NOBRO	0.004
	Total Weight: 3.330

Group 2

Ingredient KG
ROTITEX S0.080

Total Weight: 0.080

METHOD

- 1. No time dough, use Spiral mixer.
- 2. Dough temperature required : 30-31°C.
- 3. Mix Group 1 for 2 minutes.
- 4. Add in Group 2 and mix for further 12 minutes.
- 5. Mixer or until dough is developed well.
- 6. Allow recovering for 5 minutes.
- 7. Scale 350 g dough weight (for open top) and rounding, rest further for 5 minutes and mould to desired shape.
- 8. Prove to height and bake at 220±5°C for 20-25 minutes.