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SOFT BUN

CATEGORY

Breads, Rolls & Pastry

INGREDIENTS

Group 1

Ingredient	KG
FINO BUN MIX	1.000
Eggs	0.090
BAKELS INSTANT ACTIVE DRIED YEAST	0.016
Water (variable)	0.340
	Total Weight: 1.446

METHOD

- 1. No time dough. (Hobart Mixer: 2 minutes on 1st speed, 12 minutes on 2nd speed, Spiral Mixer: 13-14 minutes)
- 2. Dough Temperature required: 31°C.
- 3. Develop thoroughly.
- 4. Allow recovering or resting for 5-10 minutes.
- 5. Scale and mould as desired (50g)
- 6. Prove and bake at 180±5°C for 15 minutes.
- 7. (Prover temperature 40°C)