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STEAM PAU/ STEAM BUN

CATEGORY

Breads, Rolls & Pastry

INGREDIENTS

Group 1

Ingredient	KG
Pau Flour	25.000
Chilled Water	9.500
Sugar	4.500
HERCULES BAKING POWDER (DOUBLE ACTING)	0.250
LECINTA INSTANT NOBRO	0.250
BAKELS INSTANT ACTIVE DRIED YEAST	0.250
	Total Weight: 39.750

Group 2

Ingredient KG
SLICEX 1.000
BACOM A100 0.125

Total Weight: 1.125

METHOD

- 1. Place Group 1 ingredients in mixing for 8 minutes,add group 2 and develop into a well develop dough.
- 2. Allow dough to rest for 40-60 minutes, scale dough into 60g each.
- 3. Steam for approximate 10-5 minutes.